

Conference Costs

~FREE~

There is no registration fee to attend.

Registration & Information

Pre-Registration is encouraged.
Deadline Date: August 6, 2003

Contact Gigi Holmes at
Phone: (602) 364-7777; Fax: (602) 364-7788
or go to

[http://www.ihs.gov/FacilitiesServices/
AreaOffices/Phoenix/HealthSummit/](http://www.ihs.gov/FacilitiesServices/AreaOffices/Phoenix/HealthSummit/)
You can register by mail, fax or online

Conference Hotel

The conference will be held at the
DoubleTree Paradise Valley Resort
5401 N. Scottsdale Road
Scottsdale, Arizona, 85250
Phone: 480-947-5400; Fax: 480-946-1524

Limited room availability.

Reserve your room now
by referring to the

"2003 Phoenix Area Health Summit and Celebration"
The rate is \$59 single/double per room, per night, plus tax
until sold out.



Phoenix Area Indian Health Service
Inter Tribal Council of Arizona, Inc.
Est. 1975

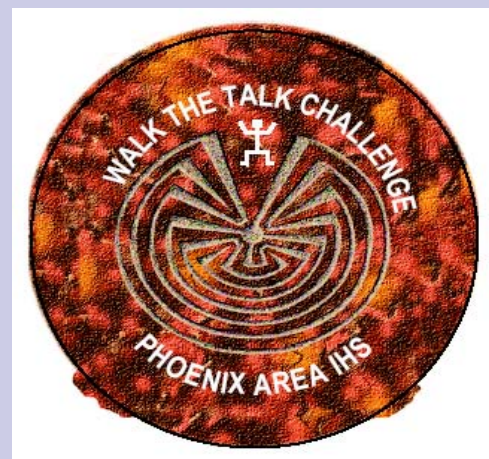
2003 Phoenix Area Health Summit and Celebration
August 12-14, 2003
DoubleTree Paradise Valley Resort—Scottsdale, Arizona



Dept. of Health and Human Services
Indian Health Service
Clinical Support Center
Two Renaissance Square
40 N Central Avenue, Suite 780
Phoenix, Arizona 85004

PRESORTED STANDARD
POSTAGE AND FEES PAID
U.S. DEPT. OF HEALTH & HUMAN
SERVICE
PERMIT NO. 5691

Sponsored by the
Phoenix Area Indian Health Service
Co-Sponsored by the
Inter Tribal Council of Arizona, Inc.
Accredited Sponsor: IHS Clinical Support Center



2003 **Phoenix Area** **Health Summit** **and** **Celebration**

August 12-14, 2003
DoubleTree Paradise Valley Resort
Scottsdale, Arizona

2003 Phoenix Area Health Summit and Celebration

"Walking in Wellness"

August 12-14, 2003 Scottsdale, Arizona

The Phoenix Area Indian Health Service and the Inter Tribal Council of Arizona, Inc., proudly sponsor this Area-wide summit and celebration to promote wellness. This gathering will provide a forum for cooperatively strengthening capacity for health and wellness through partnerships between the IHS and tribal and urban partners. Results of the National Diabetes Prevention Project, our own IHS health care trends, a priority focus on disease prevention and health promotion, and a challenge from one tribal leader, has compelled us to take action. This gathering will serve as a catalyst to empower Native communities to lead healthier lifestyles.

"Walk the Talk" Challenge

Challenging Indian Health Service, Tribal and Urban Health Program leaders and staff to lead the way in choosing healthier lifestyles.

"...this is a leadership opportunity for Tribal leaders and health professionals to improve your own health, to inspire others to improve their health, and to "walk the talk" as a community.

Keynote Presenters

"The Power of a Positive Mind In Native American Life"

Wilma Mankiller

(Cherokee)

Former Chief of the Cherokee Nation

"Becoming Light Hearted"

Izzy Gesell

Humorologist & Author

"Running Strong"

Billy Mills

(Oglala Lakota)

Olympic Champion

"There is Hope On the Horizon,
Can You See It?"

Howard Rainier

(Taos Pueblo/Creek)

Author

Conference Objectives

To improve knowledge and skills related to wellness, health promotion & disease prevention in the areas of obesity, cardiovascular disease, and mental health • To celebrate the successes of native health promotion and disease prevention programs • To learn to apply behavior change strategies in Native communities • To share and network with native people and programs who face similar challenges and barriers in their communities and personal lives.

Conference Highlights

Keynote Presentations • Scientific Sessions • General Sessions • Educational and Skills-Based Breakout Sessions • Daily Social Activities • Exhibit Hall

Sessions will provide the opportunity for participants to focus on practical things that they can do in their communities and programs to promote wellness and to lead healthy lifestyle change.

Continuing Education

The Indian Health Service (IHS) Clinical Support Center is accredited by the Accreditation Council for Continuing Medical Education to sponsor continuing medical education for physicians.

The Indian Health Service Clinical Support Center is accredited as a provider of continuing education in nursing by the American Nurses Credentialing Center Commission on Accreditation.

Who Should Attend?

This conference is directed to individuals working in the health promotion & disease prevention field, including: Tribal leaders, health directors, program directors, health educators, Fitness Center directors, physicians and nurses. The conference will provide valuable information and training for those who play critical roles in the health and wellness of their families and communities: **Walk the Talk participants** & interested community members.



2003 Phoenix Area Health Summit and Celebration

"Walking In Wellness"

Scottsdale, Arizona

August 12-14, 2003

Registration Form

Name

Job Title

Organization/Tribal

Address

City, State, Zip

Daytime Phone

E-mail Address

Please mail your completed registration form to:

**IHS Clinical Support Center
Two Renaissance Square
40 N Central Avenue, Suite 780
Phoenix, Arizona 85004**

You can register online or download a registration form at:

[http://www.ihs.gov/FacilitiesServices/
AreaOffices/Phoenix/HealthSummit/](http://www.ihs.gov/FacilitiesServices/AreaOffices/Phoenix/HealthSummit/)

Contact Gigi Holmes for more information
and to register by fax at:

Phone: (602) 364-7777

Fax: (602) 364- 7788

*Sponsored by the Phoenix Area Indian Health Service
Co-Sponsored by the Inter Tribal Council of Arizona, Inc.
Accredited Sponsor IHS Clinical Support Center*